



PROGRAM - DAY 1 (MONDAY) – 20.10.2025

Satellite Conference “NEW HORIZONS IN MENTAL HEALTH”

20.10.2025

08 ³⁰ -08 ⁴⁵	PARTICIPANT REGISTRATION	
	WELCOME COFFEE	
08 ⁴⁵ -09 ⁰⁰	OPENING REMARKS	
09 ⁰⁰ -10 ³⁰	STRATEGIC SKILLS LAB: “INTEGRATED PSYCHOLOGICAL INTERVENTION (IPI)”	INTERACTIVE PSYCHOTHERAPY LAB: “DIALECTICAL BEHAVIOR THERAPY (DBT) IN ACTION: STRATEGIES FOR WORKING WITH EMOTIONAL INSTABILITY IN BORDERLINE DISORDER”
	<u>Location:</u> Department of Mental Health, Medical Psychology and Psychotherapy, IMSP SCP, Costiujeni 3 St., 6th floor (EMC Room) <u>Participants:</u> psychiatry resident doctors and psychologists, students (max. 50 people) <u>Moderator:</u> Igor NASTAS (Moldova), MD, Associate Professor, Department of Mental Health, Medical Psychology and Psychotherapy, USMF “Nicolae Testemițanu”	<u>Location:</u> Department of Mental Health, Medical Psychology and Psychotherapy, IMSP SCP, Costiujeni 3 St., 6th floor (Students’ Room) <u>Participants:</u> psychiatry resident doctors, students, trainees of the Integrative and Body-Oriented Psychotherapy Training Program (max. 80 people) <u>Moderator:</u> Inga DELIV (Moldova), MD, Associate Professor, Department of Mental Health, Medical Psychology and Psychotherapy, USMF “Nicolae Testemițanu”
	Igor NASTAS (Moldova), Mihaela BELOUS (Moldova), Mădălina BIVOL (Moldova), Radislav COȘULEAN (Moldova), Dorin JELAGA (Moldova), Natalia CARAMAN (Moldova), Mihaela SĂCULȚANU (Moldova), Ștefan PISTRUI (Moldova) - Practical session dedicated to applying IPI in multidisciplinary teams, focusing on brief intervention techniques, integrated assessment, and community adaptation. <i>Q&A and discussions</i> <i>(Supported by the Swiss–Moldovan project MENSANA)</i>	Cornelia ADEOLA (Moldova) - <i>lecturer, Clinical Psychologist, Psychotherapist</i> - Practical session with exercises in mindfulness, emotion regulation, distress tolerance, and interpersonal effectiveness, with emphasis on case studies, role-plays, and applied feedback for clinical skills development in patients with emotional instability in borderline disorder. <i>Q&A and discussions</i>
10 ³⁰ -10 ⁴⁵	COFFEE BREAK	
10 ⁴⁵ -12 ³⁰	PRACTICE-BASED DIALOGUE: CLINICAL REFLECTIONS IN CHILD PSYCHIATRY	INTERACTIVE WORKSHOP: DE-ESCALATION TECHNIQUES
	<u>Location:</u> Conference Hall (Administrative Block), IMSP SCP, Costiujeni 3 St. <u>Participants:</u> psychiatry resident doctors, trainees of the complementary medical psychology program, trainees of the CME program in child psychiatry (max. 50 people) <u>Moderators:</u> Jana CHIHAI (Moldova), Vice-Rector for Research and Innovation, MD, PhD, Associate Professor, Head of the Department of Mental Health, Medical Psychology and Psychotherapy, Senior Researcher, USMF “Nicolae Testemițanu” <u>Alina BOLOGAN</u> (Moldova), Lecturer, Senior Researcher, Department of Mental Health, Medical Psychology and Psychotherapy, USMF	<u>Location:</u> Department of Mental Health, Medical Psychology and Psychotherapy, IMSP SCP, Costiujeni 3 St., 6th floor (EMC Room + Hall) <u>Participants:</u> students (max. 60 people) <u>Moderator:</u> Igor NASTAS (Moldova), MD, Associate Professor, Department of Mental Health, Medical Psychology and Psychotherapy, USMF “Nicolae Testemițanu”



	Florina RAD (Romania), President of the Romanian Association of Child and Adolescent Psychiatry and Allied Professions (ARPCAPA), Senior Consultant in Child Psychiatry, PhD in Medical Sciences, Department of Child Psychiatry, “Carol Davila” University of Medicine and Pharmacy, Bucharest - <i>Autism Spectrum Disorder – from biological markers to clinical practice</i> Lucia Emanuela ANDREI (Romania), Lecturer, Department of Child and Adolescent Psychiatry, “Carol Davila” University of Medicine and Pharmacy, Bucharest - <i>The impact of executive functions on self-harming behavior in adolescents</i> Raluca NICA (Romania), PhD in Psychology, Executive Director of the Romanian League for Mental Health, Member of the Board of the European organization GAMIAN-Europe - <i>Cognitive-behavioral therapy for obsessive–compulsive disorder in adolescents</i> Larisa BORONIN (Moldova), MD, PhD, Associate Professor, Department of Mental Health, Medical Psychology and Psychotherapy, USMF - <i>Autism Spectrum Disorder and the gut–brain axis: diagnostic and therapeutic perspectives</i> Jana CHIHAI (Moldova), Vice-Rector for Research and Innovation, MD, PhD, Associate Professor, Head of the Department of Mental Health, Medical Psychology and Psychotherapy, USMF - <i>Integrated approach to ADHD in clinical practice: the role of supplements and phytotherapy</i> <i>Q&A and discussions</i>	Mihaela BELOUS (Moldova), Mădălina BIVOL (Moldova), Radislav COȘULEAN (Moldova), Dorin JELAGA (Moldova), Romil POPESCU (Moldova), Ștefan PISTRUI (Moldova) - <i>Managing the aggressive patient. De-escalation techniques</i> <i>(Supported by the Swiss–Moldovan project MENSANA)</i>
12 ³⁰ -13 ³⁰	WELCOME COFFEE <i>Location: University Socio-Cultural Complex, Nicolae Testemițanu 25 St., 3rd floor</i>	
COMMORATIVE SESSION DEDICATED TO ACADEMICIAN ALEXANDRU NACU: A DESTINY FOR SCIENCE AND PEOPLE!		
<u><i>Location:</i></u> University Socio-Cultural Complex, 25 Nicolae Testemițanu St., 3rd floor <u><i>Participants:</i></u> members of the Society of Psychiatrists, Narcologists, Psychotherapists and Clinical Psychologists (SPNPPC), collaborators of the Department of Mental Health, Medical Psychology and Psychotherapy (max. 300 people) <u><i>Moderators:</i></u> Ion COȘCIUG (Moldova), MD, Associate Professor, Department of Mental Health, Medical Psychology and Psychotherapy, Nicolae Testemițanu State University of Medicine and Pharmacy (USMF) Valentin OPREA (Moldova), MD, Associate Professor, Department of Mental Health, Medical Psychology and Psychotherapy, USMF “Nicolae Testemițanu” Inga DELIV (Moldova), MD, Associate Professor, Department of Mental Health, Medical Psychology and Psychotherapy, USMF “Nicolae Testemițanu” Jana CHIHAI (Moldova), Vice-Rector for Research and Innovation, MD, PhD, Associate Professor, Head of the Department of Mental Health, Medical Psychology and Psychotherapy, USMF “Nicolae Testemițanu”		
13 ³⁰ -14 ⁰⁰	Opening of the commemorative session “<i>A tribute to a life dedicated to medicine, education, and research</i>” - Welcome speech from USMF “Nicolae Testemițanu” - Welcome speech from the Ministry of Health of the Moldova - Welcome speech from the Academy of Sciences of Moldova	
14 ⁰⁰ -14 ¹⁵	“The Name that Unites Generations”	



	• Video collage <i>“In memoriam Academician Alexandru NACU”</i> from colleagues, collaborators, family, and resident doctors
14 ¹⁵ -15 ¹⁵	<i>“In memoriam Academician Alexandru NACU – Pages of Life and a Model of Integrity”</i> • Valentin OPREA (Moldova), MD, Associate Professor, Department of Mental Health, Medical Psychology and Psychotherapy, Nicolae Testemițanu State University of Medicine and Pharmacy (USMF) • „ <i>Academician Alexandru NACU – Scientific Contributions and Impact on Modern Psychiatry</i>” • Ghenadie CĂRĂUȘU (Moldova), MD, PhD, Associate Professor, Department of Mental Health, Medical Psychology and Psychotherapy, USMF “Nicolae Testemițanu” • Eva GUDUMAC (Moldova), Vice President of the Academy of Sciences of Moldova in the field of Life Sciences, Doctor Habilitated in Medical Sciences, University Professor, Academician of the Academy of Sciences of Moldova, Eminent Person, Department of Pediatric Surgery, Orthopedics and Anesthesiology “Natalia Gheorghiu” • Mihai POPOVICI (Moldova), Doctor Habilitated in Medical Sciences, University Professor, Academician of the Academy of Sciences of Moldova, Founder of the Institute of Cardiology, of the National Cardiology Service, and of the Scientific School of Cardiology in the Republic of Moldova, Member of the First Parliament of the Republic of Moldova and Signatory of the Declaration of Independence, Knight of the Order of the Republic • Ion MEREUȚĂ (Moldova), Doctor Habilitated in Medical Sciences, University Professor, Academician of the Academy of Sciences of Moldova, Corresponding Member of the Academy of Sciences of Moldova, Director of the Institute of Physiology and Sanocreatology, President of the “Gh. Țibiră” Academy of Medical Sciences of the Republic of Moldova
15 ¹⁵ -15 ⁴⁰	<i>“Between the Academic Vocation and the Love for Family”</i> • Anatol NACU (Moldova), University Professor, Department of Mental Health, Medical Psychology and Psychotherapy, Nicolae Testemițanu State University of Medicine and Pharmacy (USMF) • Eugenia CALENICI (NACU) (Moldova) Photo collage <i>“In memoriam Academician Alexandru NACU”</i>
15 ⁴⁰ -16 ⁰⁰	<i>INAUGURATION CEREMONY OF THE COMMEMORATIVE PLAQUE „IN MEMORIAM ACADEMICIAN ALEXANDRU NACU”</i> - Jana CHIHAI (Moldova), Vice-Rector for Research and Innovation, MD, PhD, Associate Professor, Head of the Department of Mental Health, Medical Psychology and Psychotherapy, USMF “Nicolae Testemițanu” Academic teaser: <i>“Department of Mental Health, Medical Psychology and Psychotherapy”</i> dedicated to the memory of Academician Alexandru NACU
16 ⁰⁰ -16 ³⁰	OFFICIAL OPENING OF THE SATELLITE CONFERENCE “NEW HORIZONS IN MENTAL HEALTH” & PROFESSIONAL NETWORKING SESSION
16 ³⁰ -18 ¹⁵	ARTISTIC MOMENT OF CLASSICAL MUSIC – “In memoriam Academician Alexandru NACU” BEYOND LABELS: SCHIZOFRENIALIFE.MD - Launch of the online platform <i>Artistic moment of classical music</i>
18 ¹⁵ -19 ⁰⁰	NETWORKING SESSION



PROGRAM - DAY 2 (TUESDAY) – 21.10.2025

Satellite Conference “NEW HORIZONS IN MENTAL HEALTH”

21.10.2025

SATELLITE SYMPOSIUM WITH INTERNATIONAL PARTICIPATION, ORGANIZED JOINTLY WITH THE EUROPEAN PSYCHIATRIC ASSOCIATION (EPA)

Location: University Socio-Cultural Complex, Main Hall, 25 Nicolae Testemițanu Street

Participants: psychiatry resident doctors, master's students of the Public Mental Health program, trainees of the Integrative and Body-Oriented Psychotherapy Training Program (max. 150 people)

Moderators:

Jana CHIHAI (Moldova), Vice-Rector for Research and Innovation, MD, PhD, Associate Professor, Head of the Department of Mental Health, Medical Psychology and Psychotherapy, Senior Researcher, USMF “Nicolae Testemițanu”

Andrei EȘANU (Moldova), Lecturer, Department of Mental Health, Medical Psychology and Psychotherapy, USMF “Nicolae Testemițanu,” Consultant for the World Health Organization

Eka CHKONIA (Georgia), Professor of Psychiatry, Tbilisi State Medical University, Coordinator of the “Alliance for Better Mental Health,” Tbilisi

08 ³⁰ -09 ⁰⁰	PARTICIPANT REGISTRATION
	WELCOME COFFEE
09 ⁰⁰ -09 ¹⁰	Opening remarks Jana CHIHAI (Moldova), Vice-Rector for Research and Innovation, MD, PhD, Associate Professor, Head of the Department of Mental Health, Medical Psychology and Psychotherapy, Senior Researcher, USMF “Nicolae Testemițanu” Andrei EȘANU (Moldova), Lecturer, Department of Mental Health, Medical Psychology and Psychotherapy, USMF “Nicolae Testemițanu,” WHO Consultant Video spot “Mental health matters – Be part of the change!”
09 ¹⁰ -9 ⁵⁰	Eka CHKONIA (Georgia), Professor of Psychiatry, Tbilisi State Medical University, Coordinator of the “Alliance for Better Mental Health” Promoting collaboration between different medical fields – mental health, primary care, and others Q&A and discussions
9 ⁵⁰ -10 ³⁰	Simavi VAHIP (Turkey), Professor of Psychiatry, Department of Psychiatry, Ege University Collaboration between different sectors – health, education, social, and others Q&A and discussions
10 ³⁰ -11 ⁰⁰	COFFEE BREAK

CREATIVE SESSIONS AND INNOVATIVE IDEAS WITH INTERNATIONAL PARTICIPATION: PUBLIC MENTAL HEALTH – RECONFIGURING PRACTICE PARADIGMS: INTERNATIONAL SESSION OF APPLIED IDEAS

Organizers: SPNPPC, Romanian Association of Psychiatry and Psychotherapy (A.R.P.P.), Trimbos Institute for Mental Health and Addiction, Utrecht, the Netherlands, and the Swiss–Moldovan project MENSANA

Location: University Socio-Cultural Complex, Main Hall, 25 Nicolae Testemițanu Street

Participants: psychiatry resident doctors, master's students of the Public Mental Health program, trainees of the Integrative and Body-Oriented Psychotherapy Training Program (max. 150 people)

Moderators:

Jana CHIHAI (Moldova), Vice-Rector for Research and Innovation, MD, PhD, Associate Professor, Head of the Department of Mental Health, Medical Psychology and Psychotherapy, Senior Researcher, USMF “Nicolae Testemițanu”

Cristina NESTOR (Moldova), Lecturer, Department of Mental Health, Medical Psychology and Psychotherapy, Trimbos Moldova Mental Health Specialist, Local Coordinator of the Swiss–Moldovan Project MENSANA, Executive Director of IP Trimbos Moldova



11 ⁰⁰ -11 ²⁰	Laura SHIELDS-ZEEMAN (<i>Netherlands</i>), MD, PhD, Professor of Population Mental Health at Utrecht University, Head of the Department of Mental Health and Prevention at the Trimbos Institute, Director of the WHO Collaborating Centre for Mental Health Services and Interventions, WHO National Technical Focal Point for Mental Health - <i>Public mental health: What works and policy lessons learned worldwide</i> <i>Q&A and discussions</i>
11 ²⁰ -12 ⁰⁰	Bernard JACOB (<i>Belgium</i>), Staff Member, WHO Collaborating Centre for Public Mental Health Psychiatry, Universitair Psychiatrisch Centrum, Leuven, Belgium; Former National Coordinator of Mental Health Reform in Belgium - <i>Lessons learned from mental health care reforms in Belgium</i> <i>Q&A and discussions</i>
12 ⁰⁰ -12 ²⁰	Victoria CONDRAT (<i>Moldova</i>), Local Manager of the Swiss–Moldovan Project MENSANA, Executive Director of IP Trimbos Moldova Cristina NESTOR (<i>Moldova</i>) Lecturer, Department of Mental Health, Medical Psychology and Psychotherapy, Trimbos Moldova Mental Health Specialist, Local Coordinator of the Swiss–Moldovan Project MENSANA - <i>The past, present, and future of the MENSANA Project</i> <i>Q&A and discussions</i>
CEREMONY OF AWARDING THE TITLE OF VISITING PROFESSOR	
12 ²⁰ -12 ³⁰	Maria ALUAȘ (<i>Romania</i>), PhD, Associate Professor, “Iuliu Hațieganu” University of Medicine and Pharmacy and “Babeș-Bolyai” University, Cluj-Napoca Moderator: Jana CHIHAI (<i>Moldova</i>), Vice-Rector for Research and Innovation, MD, PhD, Associate Professor, Head of the Department of Mental Health, Medical Psychology and Psychotherapy, Senior Researcher, USMF “Nicolae Testemițanu” Vitalie OJOVANU (<i>Moldova</i>), PhD in Philosophy, Associate Professor, Head of the Department of Philosophy and Bioethics, USMF “Nicolae Testemițanu”
RESEARCH WORKSHOP: “APPLIED CASE STUDIES: ADOLESCENTS WITH COMORBID MENTAL HEALTH DISORDERS AND SUBSTANCE USE”	
<u>Location:</u> Department of Mental Health, Medical Psychology and Psychotherapy, IMSP SCP, Costiujeni 3 St., 6th floor (EMC Room) <u>Participants:</u> Collaborators of the Department of Mental Health, Medical Psychology and Psychotherapy, psychiatry resident doctors, master’s students in Public Mental Health, PhD students, clinical fellows, researchers of the Mental Health Laboratory within the Brain Research Center, students enrolled in the scientific circle of the Department of Mental Health, Medical Psychology and Psychotherapy <u>Moderator:</u> Grigore GARAZ (<i>Moldova</i>), Lecturer, Department of Mental Health, Medical Psychology and Psychotherapy, USMF “Nicolae Testemițanu”	
14 ³⁰ -14 ⁴⁰	PARTICIPANT REGISTRATION OPENING REMARKS
14 ⁴⁰ -15 ³⁰	Lynae EDMONDS (<i>USA</i>), DNP, PMHNP-BC, Family Physician with practice in palliative medicine - <i>Clinical experiences and integrative approaches in working with adolescents with dual disorders</i> <i>Q&A and discussions</i>



PROGRAM - DAY 3 (WEDNESDAY) – 22.10.2025

Satellite Conference “NEW HORIZONS IN MENTAL HEALTH”	
22.10.2025	
Forum “CONTROVERSIAL PARADIGMS IN NEUROSCIENCE”	
Location: University Socio-Cultural Complex, Main Hall, 25 Nicolae Testemițanu Street Participants: students, resident doctors, members of the Society of Psychiatrists, Narcologists, Psychotherapists and Clinical Psychologists (SPNPPC), collaborators of the Department of Mental Health, Medical Psychology and Psychotherapy (max. 400 people) Moderators: Igor NASTAS (Moldova), MD, PhD, Associate Professor, Department of Mental Health, Medical Psychology and Psychotherapy, Scientific Coordinator, Mental Health Laboratory, USMF “Nicolae Testemițanu” Vitalie LISNIC (Moldova), MD, PhD, Professor, Head of the Department of Neurology No. 1, USMF “Nicolae Testemițanu”	
08 ³⁰ -09 ⁰⁰	PARTICIPANT REGISTRATION
	WELCOME COFFEE
09 ⁰⁰ -09 ¹⁰	Welcome Address Igor NASTAS (Moldova), MD, Associate Professor, Department of Mental Health, Medical Psychology and Psychotherapy, Scientific Coordinator, Mental Health Laboratory, Nicolae Testemițanu State University of Medicine and Pharmacy (USMF) Vitalie LISNIC (Moldova), MD, PhD, Professor, Head of the Department of Neurology No. 1, USMF “Nicolae Testemițanu” Video Spot: “Mental Health Matters – Be Part of the Change!”
PANEL 1: CHILD AND ADOLESCENT MENTAL HEALTH – STRATEGIC INTEGRATIONS BETWEEN HEALTH, EDUCATION AND COMMUNITY	
09 ¹⁰ -10 ⁰⁰	Panelist: Daniel DAVID (Romania), Professor of Psychology, Minister of Education and Research of Romania, Rector of “Babeș-Bolyai” University, Corresponding Member of the Romanian Academy, Member of the European Academy Panelist: Bernard JACOB (Belgium), Staff Member, WHO Collaborating Centre for Public Mental Health Psychiatry, Universitair Psychiatrisch Centrum, Leuven, Belgium; Former National Coordinator of Mental Health Reform in Belgium Panelist: Ciprian BĂCILĂ (Romania), Associate Professor at the Faculty of Medicine, “Lucian Blaga” University of Sibiu; Medical Director of the Clinical Psychiatry Hospital “Dr. Gheorghe Preda”; President of the Romanian Association of Psychiatry and Psychotherapy (ARPP) Moderator: Jana CHIHAI (Moldova), Vice-Rector for Research and Innovation, MD, PhD, Associate Professor, Department of Mental Health, Medical Psychology and Psychotherapy, Senior Researcher, USMF “Nicolae Testemițanu”
10 ⁰⁰ -10 ¹⁰	LOGISTIC BREAK
PANEL 2: THE EINSTEIN SYNDROME – SPEECH DISORDERS IN BRILLIANT MINDS (FROM LUCIAN BLAGA TO ALBERT EINSTEIN)	
10 ¹⁰ -10 ⁴⁰	Panelist: Alexandru-Vladimir CIUREA (Romania), Primary Neurosurgeon, Head of the Neurosurgery Department and Scientific Director, Sanador Hospital, Bucharest; Professor, PhD Supervisor, “Carol Davila” University of Medicine and Pharmacy, Bucharest; Honorary Member of the Romanian Academy Moderator: Jana CHIHAI (Moldova), Vice-Rector for Research and Innovation, MD, PhD, Associate Professor, Department of Mental Health, Medical Psychology and Psychotherapy, Senior Researcher, USMF “Nicolae Testemițanu”
10 ⁴⁰ -10 ⁵⁰	LOGISTIC BREAK



PANEL 3: ETHICS AND MALPRACTICE IN THE CONTEXT OF CEREBRAL DYSFUNCTIONS	
10 ⁵⁰ -11 ³⁰	Panelist: Maria ALUAȘ (Romania), PhD, Associate Professor, “Iuliu Hațieganu” University of Medicine and Pharmacy and “Babeș-Bolyai” University, Cluj-Napoca Panelist: Vitalie OJOVANU (Moldova), PhD in Philosophy, Associate Professor, Head of the Department of Philosophy and Bioethics, USMF “Nicolae Testemițanu” Moderator: Ion BANARI (Moldova), PhD in Philosophy, Associate Professor, Department of Philosophy and Bioethics, USMF “Nicolae Testemițanu”
11 ³⁰ -11 ⁴⁰	LOGISTIC BREAK
PANEL 4: CONTEMPORARY APPROACHES IN ADDICTION PREVENTION AND TREATMENT	
11 ⁴⁰ -12 ²⁵	Panelist: Lynae EDMONDS (USA), DNP, PMHNP-BC, Family Physician with practice in Palliative Medicine Panelist: Ovidiu ALEXINSCHI (Romania), Primary Psychiatrist, PhD in Medical Sciences, Associate Faculty Member at “Grigore T. Popa” University of Medicine and Pharmacy, Iași Panelist: Andrei HOLMAN (Romania), Alina BOLOGAN (Moldova) - Presentation of the RO–MD bilateral project: “Gambling Addiction among Youth: Evaluation Tools and Identification of Protective Factors for Mental Health” Moderators: Andrei EȘANU (Moldova), Assistant Professor, Department of Mental Health, Medical Psychology and Psychotherapy, USMF “Nicolae Testemițanu”; WHO Consultant Alina BOLOGAN (Moldova), Assistant Professor, Department of Mental Health, Medical Psychology and Psychotherapy, USMF “Nicolae Testemițanu”
12 ²⁵ -12 ³⁵	LOGISTIC BREAK
PANEL 5: ATYPICAL COGNITIVE TRAJECTORIES AND NEUROCOGNITIVE DEVELOPMENT OF THE MIND	
12 ³⁵ -13 ³⁰	Panelist: Inga DELIV (Moldova), MD, PhD, Associate Professor, Department of Mental Health, Medical Psychology and Psychotherapy, USMF “Nicolae Testemițanu” - From Symptom to Functionality: Modern Solutions for the Anxious Patient Panelist: Ion COȘCIUG (Moldova), MD, PhD, Associate Professor, Department of Mental Health, Medical Psychology and Psychotherapy, USMF “Nicolae Testemițanu” - Protecting Cognitive Functions and Brain Neuroplasticity Panelist: Vitalie LISNIC (Moldova), MD, PhD, Professor, Department of Neurology No. 1, USMF “Nicolae Testemițanu” - Treatment of Motor and Non-Motor Manifestations of Parkinson's Disease Panelist: Viorica CHELBAN (United Kingdom), MD, PhD, MRCP, Queen Square Institute of Neurology, London - Epilepsy and the Genetics of Rare Brain Disorders Moderators: Igor NASTAS (Moldova), MD, Associate Professor, Department of Mental Health, Medical Psychology and Psychotherapy, USMF “Nicolae Testemițanu” Stanislav GROPPA (Moldova), Academician, Doctor Habilitatus in Medical Sciences, University Professor, Department of Neurology No. 2, “Nicolae Testemițanu” State University of Medicine and Pharmacy Vitalie CHIOSA (Moldova), Department of Neurology No. 2, USMF “Nicolae Testemițanu”
13 ³⁰ -14 ⁰⁰	SNACK BREAK
Plenary presentations “FROM RESEARCH TO INTERVENTION: MULTIDISCIPLINARY PERSPECTIVES IN HEALTH”	
	<u>Moderators</u> Igor NASTAS (Moldova), MD, Associate Professor, Department of Mental Health, Medical Psychology and Psychotherapy, Scientific Coordinator, Mental Health Laboratory, Nicolae Testemițanu State University of Medicine and Pharmacy (USMF) Vitalie LISNIC (Moldova), MD, PhD, Professor, Head of the Department of Neurology No. 1, USMF “Nicolae Testemițanu” Andrei EȘANU (Moldova), Assistant Professor, Department of Mental Health, Medical Psychology and Psychotherapy, USMF “Nicolae Testemițanu”; Consultant, World Health Organization



14 ⁰⁰ -14 ¹⁵	<i>Welcome Address</i> • Igor NASTAS (<i>Moldova</i>), MD, Associate Professor, Department of Mental Health, Medical Psychology and Psychotherapy, Scientific Coordinator, Mental Health Laboratory, Nicolae Testemițanu State University of Medicine and Pharmacy (USMF) • Vitalie LISNIC (<i>Moldova</i>), MD, PhD, Professor, Head of the Department of Neurology No. 1, USMF “Nicolae Testemițanu” • Andrei EȘANU (<i>Moldova</i>), Assistant Professor, Department of Mental Health, Medical Psychology and Psychotherapy, USMF “Nicolae Testemițanu”; Consultant, World Health Organization
14 ¹⁵ -14 ²⁵	New Strategies for Post-Stroke Neuroprotection: Application of Virtual Reality - Ana GRECINSCHII (<i>Moldova</i>)
14 ²⁵ -14 ³⁵	Miller-Fisher Syndrome with Bilateral Areactive Mydriasis and Graves-Basedow Disease: Case Report - Evelina ȘABANOV (<i>Moldova</i>)
14 ³⁵ -14 ⁴⁵	Suicidal Behavior in Borderline Personality Disorder: Assessment and Early Intervention - Dorin JELAGA (<i>Moldova</i>)
14 ⁵⁵ -15 ⁰⁵	Predictive Markers in the Prodromal Stage of Schizophrenia - Igor NASTAS (<i>Moldova</i>)
15 ⁰⁵ -15 ¹⁵	Acute Posterior Ischemic Stroke with Revascularization: Supratentorial versus Infratentorial Involvement - Irina TEACĂ (<i>Moldova</i>)
15 ¹⁵ -15 ²⁵	Eating Disorders in Adolescents – The Pediatrician’s Role in Early Identification and Intervention - Alina BOLOGAN (<i>Moldova</i>)
15 ²⁵ -15 ³⁵	Predictive Factors of Unfavorable Functional Outcome after Intravenous Thrombolysis in Ischemic Stroke - Adriana ARABADJI (<i>Moldova</i>)
15 ³⁵ -15 ⁴⁵	Oxidative stress and neuropsychiatric inflammation - Vitalie FILIP (<i>Moldova</i>)
15 ⁴⁵ -15 ⁵²	The Relationship between Workaholism and Academic Stress: A Theoretical–Applied Approach in the University Context - Ina MORARU (<i>Moldova</i>)
15 ⁵² -16 ⁰⁰	Quality of Life in Chronic Respiratory Diseases: Bioethical Approaches in Medical Practice - Alexandrina GANEA (<i>Moldova</i>)
16 ⁰⁵ -16 ¹⁵	Impact of Infarct Volume and Clinical Severity on Predicting Outcomes after Acute Ischemic Stroke - Elena COSTRU–TAȘNIC (<i>Moldova</i>)
16 ¹⁵ -16 ²⁵	Beyond Ultrasound Limits: Ethical Challenges in Prenatal Diagnosis - Maria GROSU (<i>Moldova</i>)
16 ²⁵ -16 ³⁵	Management of Psychological Support in the Treatment of Cancer Patients - Renata VOLC (<i>Moldova</i>)
16 ³⁵ -16 ⁴²	Learning Difficulties Associated with Attention Deficit Hyperactivity Disorder in Children - Dumitru DONSCOI (<i>Moldova</i>)
16 ⁴² -16 ⁵⁰	Digital Neuroplasticity: Biochemical Mechanisms of Brain Adaptation and Maladaptation to Digital Stimuli - Angelica SIBOV (<i>Moldova</i>)
16 ⁵⁰ -17 ⁰⁰	Schizophrenia and New Generation Antipsychotics - Mădălina-Mirela CĂNȚER (<i>Moldova</i>)



PROGRAM - DAY 4 (THURSDAY) – 23.10.2025

Satellite Conference “NEW HORIZONS IN MENTAL HEALTH”

23.10.2025

SYMPOSIUM SESSIONS

“CLINICAL DIALOGUES: EXPERIENCES AND LESSONS IN MENTAL HEALTH”

Location: Labor Institute, Multipurpose Hall, 10 Zimbrului Street

Participants: members of the Society of Psychiatrists, Narcologists, Psychotherapists and Clinical Psychologists (SPNPPC), collaborators of the Department of Mental Health, Medical Psychology and Psychotherapy (max. 250 people)

Moderators:

Ion COȘCIUG (Moldova), MD, PhD, Associate Professor, Department of Mental Health, Medical Psychology and Psychotherapy, USMF “Nicolae Testemițanu”

Inga DELIV (Moldova), MD, PhD, Associate Professor, Department of Mental Health, Medical Psychology and Psychotherapy, USMF “Nicolae Testemițanu”

Igor NASTAS (Moldova), MD, PhD, Associate Professor, Department of Mental Health, Medical Psychology and Psychotherapy, Scientific Coordinator, Mental Health Laboratory, USMF “Nicolae Testemițanu”

08 ³⁰ -09 ⁰⁰	PARTICIPANT REGISTRATION
	WELCOME COFFEE
09 ⁰⁰ -10 ⁰⁰	SYMPOSIUM 1: CHALLENGES AND SOLUTIONS IN MENTAL HEALTH Alexandra BOLOȘ (Romania), Cristina NEDELCU (Romania) - <i>The Role of Community-Based Approaches in the Rehabilitation and Reintegration of Individuals with Substance Use Disorders</i> Ovidiu ALEXINSCHI (Romania), Senior Psychiatrist, PhD in Medical Sciences, Associate Faculty, “Grigore T. Popa” University of Medicine and Pharmacy, Iași - <i>Updates in the Addiction Medicine Certification Program</i> Ciprian BĂCILĂ (Romania), Associate Professor, Faculty of Medicine, “Lucian Blaga” University of Sibiu; Medical Director, “Dr. Gheorghe Preda” Clinical Psychiatric Hospital - <i>Transforming Practice through Research: The Experience of “Dr. Gheorghe Preda” Hospital</i> Andrei EȘANU (Moldova), Laura ARHIRI (Romania), Alina BOLOGAN (Moldova), Simona BUTNARU (Romania), Jana CHIHAI (Moldova), Mihaela-Alexandra GHERMAN (Romania), Magdalena IORGA (Romania), Ancuța PĂDURARU (Romania), Victor SCHIOPU (Moldova), Camelia SOPONARU (Romania) - <i>Adaptation and Wellbeing of International Students in Host Universities: Insights from a Qualitative Study</i>
10 ⁰⁰ -11 ²⁰	SYMPOSIUM 2: DIVERSITY IN THERAPEUTIC INTERVENTION FOR SEVERE AND COMPLEX MENTAL DISORDERS Ion COȘCIUG (Moldova), MD, Associate Professor, USMF “Nicolae Testemițanu” Inga DELIV (Moldova), MD, Associate Professor, USMF “Nicolae Testemițanu” - <i>Innovations in the Treatment of Severe and Complex Mental Disorders</i>
11 ²⁰ -12 ⁰⁰	COFFEE BREAK
12 ⁰⁰ -13 ⁰⁰	SYMPOSIUM 3: DIVERSITY IN THERAPEUTIC INTERVENTION FOR SEVERE AND COMPLEX MENTAL DISORDERS Lynae EDMONDS (USA), DNP, PMHNP-BC, Family Physician with Practice in Palliative Medicine - <i>Motivational Interviewing in Addiction Treatment: From Resistance to Readiness</i> Vladimir NAKOV (Bulgaria) - <i>Historia vitae magistra est: The Past and Future of Psychiatry in Bulgaria</i> Mihnea MANEA (Romania) - <i>The Use of Mood Stabilizers: Between Therapeutic Effectiveness and the Risk of Overprescription</i>



	Rumyana VECHKOVA DINOLOVA-HODZHADZHIKOVA (Bulgaria) - <i>Transforming Community Mental Health: Innovative Pathways and Practices</i>
13 ⁰⁰ -14 ⁰⁰	SNACK BREAK
14 ⁰⁰ -15 ⁰⁰	SYMPOSIUM 4: RECEPTORS, NEUROPLASTICITY, AND MODERN PARADIGMS IN TREATMENT-RESISTANT DEPRESSION
	Jana CHIHAI (Moldova) - <i>Modulation of Neurotransmitters and Reconfiguration of Brain Circuits in Treatment-Resistant Depression</i>
15 ⁰⁰ -15 ⁴⁵	SYMPOSIUM 5: MODERN APPROACHES AND CURRENT CHALLENGES IN MENTAL HEALTH
	Mark WEISER (Israel) , Professor of Psychiatry, School of Continuing Medical Education; Head, Division of Psychiatry, Sheba Medical Center – <u>online</u> - <i>Drug Development in Schizophrenia: Good News and Less Good News</i> Michael DAVIDSON (Israel) , Professor of Psychiatry, Head of the Department of Psychiatry, University of Nicosia Medical School; President, Israeli Alzheimer's Medical Center; Professor of Psychiatry, Mount Sinai School of Medicine, New York; Professor Emeritus of Psychiatry, Tel Aviv University – <u>online</u> - <i>Debates, Dilemmas, and Controversies in Psychopharmacology</i>
	PLENARY PRESENTATIONS
15 ⁴⁵ -15 ⁵⁵	Stigmatization in Medicine: Impact on Patients, Healthcare Workers, and Ethical Considerations - Inga ANISEI COJOCARU (Moldova)
15 ⁵⁵ -16 ⁰⁵	Child Sexual Abuse as an Adverse Childhood Experience: A Case Series of Six Patients in a Psychiatric Hospital - Lidia SANDULEAC (Moldova)
16 ⁰⁵ -16 ¹⁵	The impact of obsessive-compulsive, dependent, and avoidant personality disorders on social and occupational functioning: therapeutic implications for socio-professional reintegration - Olivia GRĂDINARU (Moldova)
16 ¹⁵ -16 ³⁰	Schema Therapy in Borderline Personality Disorder with a History of Emotional Abuse: An Efficacy Analysis - Loredana NOVAC (Moldova)
16 ³⁰ -16 ⁴⁵	Sleep Disorders as "Predictive Markers" in Alzheimer's Disease and Lewy Body Dementia - Elena PAVLIC (Moldova)
16 ⁴⁵ -17 ⁰⁰	Contemporary Antipsychotic Treatment in Women with Schizophrenia During Pregnancy - Vera CROITORU (Moldova)
17 ⁰⁰	SOLEMN CLOSURE OF THE CONFERENCE